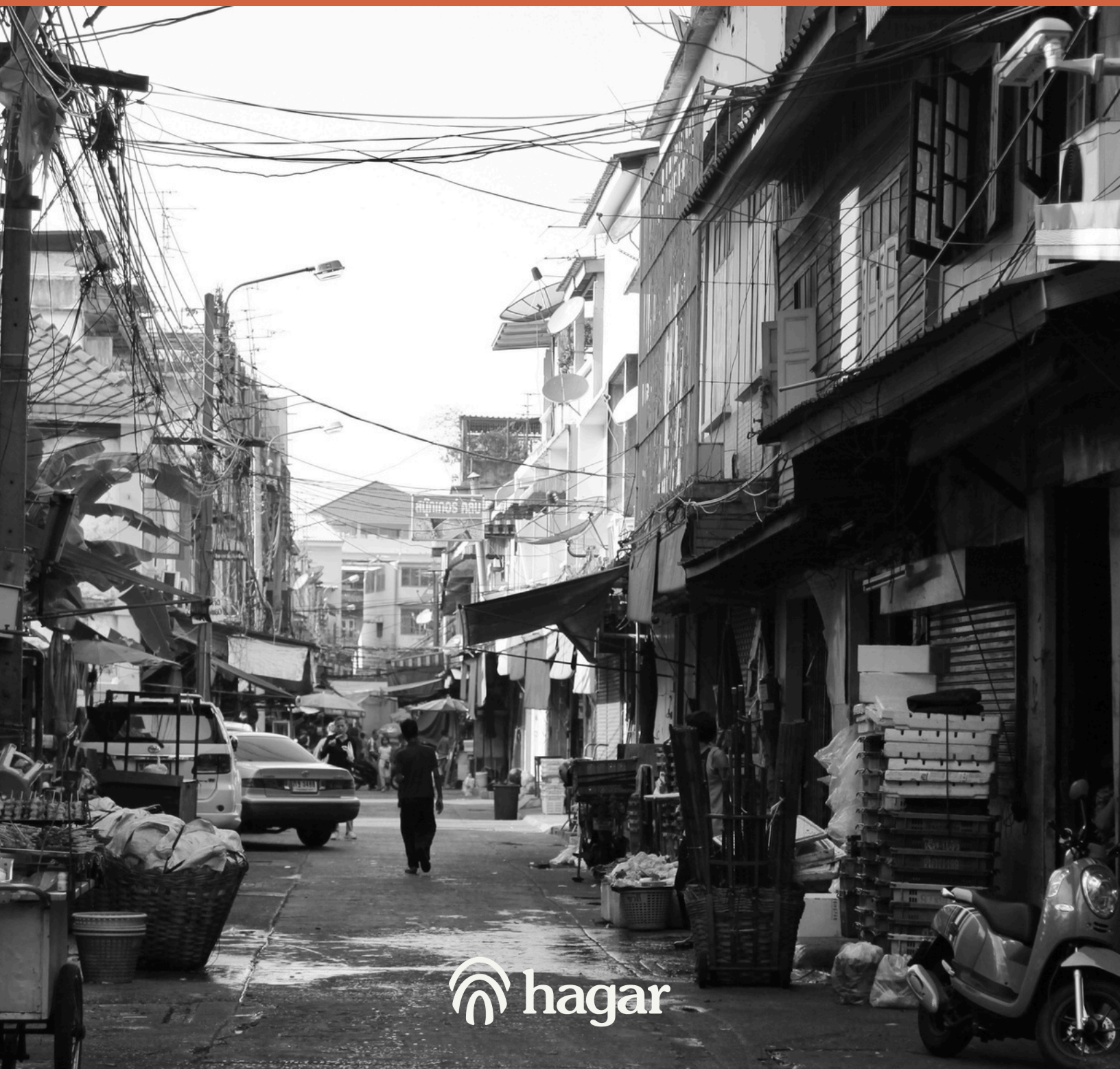
A HUMAN TRAFFICKING

# Action Guide



hagar

# Let's talk about human trafficking in 2025.



**Today, 50 million people globally are trafficked and enslaved. That's nearly one in every 150 people around the world.**

Too often, abuse and exploitation are hidden in plain sight. Yet, they are deeply enmeshed in every corner of our lives.

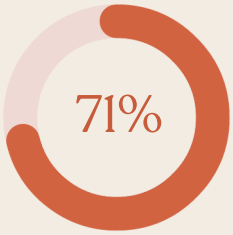
**The clothes we wear, the food we eat, even the *text messages* we receive each day, can be tainted by human trafficking.**

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"Traffickers prey on some of the world's most marginalized and vulnerable individuals – profiting from their plight."

Anthony Blinken | US Secretary of State, 2024 Trafficking in Persons Report

## The numbers




**of human trafficking victims are women and girls**




**victims of human trafficking are children**




**people are trapped in forced marriages**




**of human trafficking cases originate in Asia and the Pacific**

# You are part of the solution.

**Human trafficking is a complex problem.**
**Don't let that stop you from getting involved.**



**It will take all of us working together to confront exploitation and help survivors rebuild their lives. Follow our four action steps to restore survivors and prevent human trafficking.**

## 1 Report suspicious activity

Be vigilant and report any suspicious activity you believe could be human trafficking. This can include signs of exploitation, forced labor, or individuals appearing fearful and controlled. If you receive spam calls/texts, report them with the FBI or FTC.

**HUMAN TRAFFICKING HOTLINES**

| | |
|---|---|
| **US** | **1-888-373-7888** |
| **Canada** | **1-833-900-1010** |

**REPORT SCAMS / DIGITAL EXPLOITATION**

| | |
|---|---|
| **FBI** | ic3.gov |
| **FTC** | reportfraud.ftc.gov |

## 2 Restore survivors and prevent exploitation

**Your generosity can rescue and restore survivors.** Every day, non-profit organisations like Hagar rescue victims and help survivors heal and rebuild their lives. Without holistic and empowering care alongside prevention education, victims remain at risk for exploitation.

**Do your research!** Seek out organisations that align with your values. When you support restoration and prevention, you create a safer and brighter future for all.

## 3 Shop ethically

Be conscious of your purchasing choices. Human trafficking is often linked to the products we buy and the services we use each day. Agriculture, manufacturing, textiles and electronics are industries where workers are often vulnerable. Support companies and products that have transparent and ethical supply chains.

**Here are a few of our go-to resources to help make ethical choices:**

- Ethical Consumer
- Good On You
- Baptist World Aid Ethical Fashion Guide
- The Good Shopping Guide

We also recommend buying used and second hand whenever you can. Thankfully there's never been an easier time to find quality second hand products with the rise of online vendors and apps.




## 4 Raise awareness

Educate yourself about human trafficking and advocate for stronger policies and laws. Most people are not aware of how severe the issue is or the role they can play in creating change. Share information on social media and support organisations working on anti-trafficking initiatives.

- Walk Free: Global Slavery Index
- End Slavery Now blog
- A21's Education Guides
- Disposable People: New Slavery in the Global Economy
- Half the Sky: Turning Oppression into Opportunity for Women Worldwide

**You can find out what your country's government has committed to here.**



# Grace's story

At 17, Grace* should have been stepping into adulthood with excitement. Instead, one seemingly small decision changed everything.

During a school break, Grace saw a job ad on social media promising entry level work. With her family's blessing, Grace and her best friend accepted.

## But it was a trap.

The ad had been posted by a trafficking ring. On their first day, their phones and ID cards were confiscated, and they were smuggled across the border into Cambodia.

There, they were locked inside a scam compound with high fences and barbed wire, forced to trick strangers online into sending money.

## When Grace resisted, the threats turned brutal.

Grace prayed to go home. She missed her family and the life she knew.

## Miraculously, her prayer was answered.

Grace's parents contacted Hagar's office in Thailand. Together with the police and the Thai Embassy, the girls were rescued and brought home safely.

## But rescue was just the beginning.

Grace received trauma-informed counseling, legal support, and ongoing care from Hagar's social workers. Through Grace's brave testimony, her trafficker was sentenced to 12 years in prison. She also received financial compensation, a small but meaningful step toward rebuilding her life.

Today, the fear that once haunted her is fading. She no longer flinches at tall buildings or passing cars. With courage and steady support, Grace is beginning to dream again.

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**"I've learned to find my worth,"** Grace says. **"Thank you for helping me build a new future in my own way."**

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**Name and image changed for privacy.*